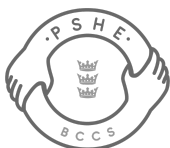


Year 7	Year 8	Year 9	Year 10	Year 11
Health and Wellbeing This is Growing up!	Health and Wellbeing Healthy Living	Health and Wellbeing Mental Health	Living in the wider world Your Future	Living in the wider world Your Future
<ol style="list-style-type: none"> 1. A letter to my tutor (intro) 2. Safe in school 3. School Values 4. Greater Independence (1) 5. Greater Independence (2) 6. All different: All equal (+ETT) x. Mindfulness	<ol style="list-style-type: none"> 1. Being healthy 2. Healthy eating 3. Energy drinks + caffeine 4. Meat free Mondays 5. Getting enough sleep 6. Is alcohol risky? (+ETT) x. Mindfulness	<ol style="list-style-type: none"> 1. What is mental health? 2. Is there a cause? 3. Neurotic conditions 4. Psychotic conditions 5. Mental health first aid 6. Body image (+ ETT) x Mindfulness	<ol style="list-style-type: none"> 1. My Vision / Career Pilot 2. Matters of Money 3. Employability 4. Entrepreneurship 5. Writing a CV 6. Virtual Work Experience x.UK Labour Market	<ol style="list-style-type: none"> 1. My future revisited 2. Pathway Planner 3. Your Character 4. Writing a CV 5. Apprenticeships 6. Virtual WEX x. Interview Preparation
Relationships My Relationships	Relationships The Media and me	Relationships Positive Relationships	Relationships Sexual Relationships	Health, Wellbeing + Relationships Managing Risk
<ol style="list-style-type: none"> 1. My Body (Puberty) 2. My Choice (Consent) 3. My Relationships 4. Romantic Relationships 5. My Actions + Consequences 6. Conflict Resolution x. Gender stereotypes	<ol style="list-style-type: none"> 1. My online persona 2. Online safety 3. Sharing images 4. Media influence 5. What is fake news? 6. Manifestations of Music x. The impact of gaming	<ol style="list-style-type: none"> 1. Positive relationships 2. Sex and the Law 3. Consent 4. Realistic expectations 5. Clear communication 6. Relationships + Risk x. Love + Diversity	<ol style="list-style-type: none"> 1. Sexual consent 2. Is this sexual harassment? * 3. The impact of pornography 4. Unhealthy relationships 5. Contraception + Protection 6. Unplanned Parenthood x. Seeking support	<ol style="list-style-type: none"> 1. Where is your line? * 2. Is this coercive control? 3. STIs and protection 4. Dangerous Drinking 5. The Dark Web (+ETT) 6. Managing money x. Seeking support
Living in the wider world Dreams and Goals	Living in the wider world Rights and Responsibilities	Living in the wider world All different and All equal	Health and Wellbeing Dangerous substances	GCSE Revision ...and wellbeing
<ol style="list-style-type: none"> 1. Dreams + short-term goals 2. Planning for success 3. Exploring careers (ICT) 4. Employability 5. Budgeting 6. Transferable skills (+ETT) x. Advice and Guidance (leaflet)	<ol style="list-style-type: none"> 1. Core and British Values 2. UK Parliament (2) 3. Vote for change 4. Human Rights 5. Seeking Refuge 6. Global stewardship (+ETT) X. Responsibilities in School	<ol style="list-style-type: none"> 1. Identity 2. UK income inequality 3. Diversity in the UK 4. Protected Characteristics 5. Gender Equality 5. Political differences in the UK x. Challenging stereotypes	<ol style="list-style-type: none"> 1. An intro to drugs 2. Drugs and the law 3. Alcohol and tobacco 4. Health impacts and risk 5. Drug use and ethics * 6. Treating Addiction (+ETT) x. Performance enhancing drugs x. Dangerous eating habits	<ol style="list-style-type: none"> 1. Mental wellbeing. x. Mindfulness practice <i>I have added a number of generic revision resources to a folder within PSHEe (o:drive) that you may use in this time if your groups require structured time</i>



Lesson resources on Shared Google Drive > PSHEe - I think the sessions are self explanatory but please email with any questions
 Slide 1 will be a learning question to discuss once students are settled.
 Lessons highlighted indicate good opportunities for BRAG & RAR marking/ extended writing / PEE paragraphs
 Lessons 1-5: This is the base of lessons that will be assessed. This is for consistency, reporting and to fit with shorter terms.
 Lesson x: These are additional lessons (post 10 minute test) for longer terms.

Assessment: Ten minute tests (ETTs): *Please ensure to leave 10 minutes at the end of term / end of topic for a 10 minute test.*

These are very important. The outcome will be a reflection of their ability to manage risk and to keep themselves healthy.

The tests are multiple choice, these should be completed independently but teachers should read the questions aloud to ensure access for all.

→ These should be completed as part of lesson 5 or 6 depending on the length of the term.

→ Please record data as a mark out of 10 on SIMS

The sessions signified in **yellow** are the sessions identified as solely 'sex education' from which parents/carers can withdraw students.

