

## Physical Education Curriculum Map

PE at BCCS nurtures self esteem, enhances physical, mental and social health, provides competition, and improves the quality of life of our students through lifelong participation.

Single PE - Key Stage 3 only		The Concept Curriculum		
	Term 1	Term 2	Term 3	
Y7 Exploring Physical Literacy	Gymnastics / Exploring Physical Literacy	Netball / Benchball / Confidence		Orienteering / Motivation
Y8 Exploring Personal Development	Health and fitness / Knowledge and Understanding of PE	Table tennis / Resilience		Orienteering / Intra-Personal Skills
Y9 Exploring Character Development	Volleyball / Sporting Values	Basketball / Redefining Competition		Orienteering / Power of Positivity
Double PE - Key Stages 3 and 4				

<b>Yr 7</b> Exploring Physical Literacy	Rugby / Football / Netball	Football / Rugby / Hockey	Cricket / Athletics / Softball / Ultimate Frisbee / Rounders
<b>Y8</b> Exploring Personal Development	Rugby / Football / Netball / Dance	Football / Rugby / Hockey / Basketball	Cricket / Athletics / Volleyball / Rounders / Softball / Short Tennis
<b>Y9</b> Exploring Character Development	Rugby / Football / Netball / Table Tennis	Football / Rugby / Hockey / Table Tennis	Cricket / Athletics / Short Tennis / Rounders
<b>Yr 10</b> Exploring Leadership Skills	Rugby / Netball / Football / Fitness	Football / Table Tennis / Hockey	Cricket / Athletics / Softball / Rounders / Volleyball / Ultimate Frisbee
<b>Yr 11</b> Being Active for Life	Rugby / Netball / Football / Basketball	Football / Rugby / Netball / Fitness / Rock Climbing	Exams

**Exam PE**

- Level 2 Cambridge National Sports Studies
- AQA GCSE PE
- AQA A Level PE

<b>KS4 Y10</b> GCSE PE	Chapter 1 Applied Anatomy and Physiology	Chapter 1 Applied Anatomy and Physiology	Chapter 3 Physical Training	Chapter 3 Physical Training	Chapter 5 Sports Psychology	Chapter 5 Sports Psychology
<b>KS4 Y11</b> GCSE PE	Chapter 2 Movement Analysis  Coursework -	Chapter 6 Socio-cultural influences	Chapter 6 Socio-cultural influences	Chapter 4 Health, Fitness and Wellbeing	Chapter 4 Health, Fitness and Wellbeing	Revision and Exams

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	Evaluation and Analysis	Coursework - Evaluation and Analysis	Coursework Evaluation and Analysis Deadline				
<b>KS4 Y10</b> Sport Studies	R184: Contemporary issues in sport	R184: Contemporary issues in sport	R184: Contemporary issues in sport	R185: Performance and leadership in sports activities	R185: Performance and leadership in sports activities	R185: Performance and leadership in sports activities	
<b>KS4 Y11</b> Sport Science	R185: Performance and leadership in sports activities	R186: Sport and the media	R186: Sport and the media	R186: Sport and the media	Exam preparation	EXAMS	
<b>KS5 Y12</b>	Yr 12 will be co-taught: Applied anatomy and physiology - Skill acquisition - Coursework Practical Video Footage	Applied anatomy and physiology - Skill acquisition - Coursework Practical Video Footage	Exercise physiology - Sports psychology - Coursework Practical Video Footage	Exercise physiology - Sports psychology - Coursework Practical Video Annotation	Biomechanical movement - Sports psychology - Coursework Practical Video Annotation	Biomechanical movement - Sport and Society - Coursework - Written Analysis and Evaluation of Performance	
<b>KS5 Y13</b>	Yr 13 will be co-taught: Sport and Society - Coursework - Written Analysis and Evaluation of Performance	Sport and Society - Sport and society and the role of technology  Coursework - Written Analysis and Evaluation of Performance	Sport and society and the role of technology	Sport and society and the role of technology	Revision <i>Timetable will be available shortly before this period</i>	Exams	

