



Year 7	Year 8	Year 9	Year 10	Year 11
Health and Wellbeing This is Growing up!	Health and Wellbeing Healthy Living	Health and Wellbeing Mental Health	Living in the wider world Your Future	Living in the wider world Your Future
<ol style="list-style-type: none"> 1. Safe in school 2. Greater Independence (2) 3. All different: All equal 4. Puberty and Periods 5. Puberty for Boys 6. School Values (+ETT) x. A letter to my tutor x. SEND lesson (TBC) 	<ol style="list-style-type: none"> 1. Being healthy 2. Healthy eating 3. Energy drinks + caffeine 4. Meat free Mondays 5. Getting enough sleep 6. Is alcohol risky? (+ETT) 7. Mindfulness x. Food labels 	<ol style="list-style-type: none"> 1. What is mental health? 2. Is there a cause? 3. Neurotic conditions 4. Psychotic conditions 5. Mental health first aid 6. Body image (+ETT) 7. Mindfulness x. TBC 	<ol style="list-style-type: none"> 1. What is in my future? 2. The Labour Market 3. Writing a CV (2) 4. Work Experience (2) 5. Apprenticeships (+ETT) x. Going to University 	<ol style="list-style-type: none"> 1. What is in my future? 2. The Labour Market 3. Writing a CV (2) 4. Work Experience (2) 5. Apprenticeships (+ETT) x. Going to University x. Interview preparation <p>INTERVIEW SESSION</p>
Relationships My Relationships	Relationships The Media and me	Relationships Realistic Relationships	Relationships Sexual Relationships	Health, Wellbeing + Relationships Managing Risk
<ol style="list-style-type: none"> 1. My Relationships 2. Actions and Consequences 3. What is a family? 4. What is gender? 5. Different relationships x. Relationship breakdown x. Conflict resolution 	<ol style="list-style-type: none"> 1. Online stress & FOMO 2. Arguments online 3. Online safety 4. What is fake news? 5. Media influence on me x. Manifestations of Music x. The impact of gaming 	<ol style="list-style-type: none"> 1. Positive relationships 2. Sex and the Law 3. Consent 4. Realistic sex expectations 5. Safe on social media 6. Sexual Diversity x. Marriage and the alternatives 	<ol style="list-style-type: none"> 1. Sexual consent 2. Contraception 3. Unplanned parenthood 4. Realistic sex expectations 5. Abusive relationships 6. The impact of pornography x. Safe on social media 	<ol style="list-style-type: none"> 1. Where is your line? 2. Is this sexual harassment? 3. Sexual exploitation 4. STIs and protection 5. Dangerous drinking 6. The Dark Web x. Managing money
Living in the wider world Dreams and Goals	Living in the wider world Rights and Responsibilities	Living in the wider world All different and All equal	Health and Wellbeing Dangerous Substances	GCSE Revision
<ol style="list-style-type: none"> 1. My dreams and goals 2. Long term goals 3. Exploring careers (ICT) 4. My career ideas 5. Budgeting 6. Transferable skills x. Advice and Guidance (leaflet) 	<ol style="list-style-type: none"> 1. British Law 2. UK Parliament 3. Human Rights 4. Seeking Refuge (film) 5. Global stewardship 6. Design a greener school x. Responsibilities in school 	<ol style="list-style-type: none"> 1. Identity 2. UK income inequality (film) 3. Diversity in the UK 4. Gender Equality 5. Political Differences in the UK 6. What is Brexit? 	<ol style="list-style-type: none"> 1. An intro to drugs 2. Alcohol and tobacco 3. Drugs and the Law 4. Health impacts and risks 5. Drug use and ethics x. Performance enhancing drugs x. Dangerous eating habits 	<ol style="list-style-type: none"> 1. Mental wellbeing x. Mindfulness practice <p><i>I have added a number of generic revision resources to a folder within PSHEe (o:drive) that you may use in this time if</i></p>

		x. Challenging stereotypes		<i>your groups require structured time</i>
--	--	----------------------------	--	--